



No. 60/2023

TO UEFA MEMBER ASSOCIATIONS

For the attention of  
the President and the General Secretary

Your reference	Your correspondence of	Our reference RLE/VOU	Date 20 November 2023
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## 2024 WADA Prohibited List

Dear Sir or Madam,

Please be kindly informed that the World Anti-Doping Agency (WADA) has published the [2024 List of Prohibited Substances and Methods \(List\)](#). In accordance with article 4.1 of the UEFA Anti-Doping Regulations, edition 2021, the 2024 WADA Prohibited List will apply to all UEFA competitions from 1 January 2024.

WADA has also published:

- the [2024 Summary of Major Modifications and Explanatory Notes](#) as compared to the 2023 List; and
- the [2024 Monitoring Program](#), which includes substances that are not on the List, but that WADA wishes to monitor in order to detect potential patterns of misuse in sport.

The List is one of the eight International Standards that are mandatory for all signatories of the World Anti-Doping Code (Code). It designates which substances and methods are prohibited in- and out-of-competition and which substances are banned in particular sports.

The List is released in advance of it taking effect so that players, player support personnel (e.g. coaches, doctors etc.) and other stakeholders can acquaint themselves with any modifications. Players are responsible for prohibited substances found in their body and prohibited methods found to have been used. Player support personnel are also liable for Anti-Doping Rule Violations if determined to be complicit. Consequently, if there is any doubt as to the status of a substance or method, it is important that players and their support personnel contact UEFA's Anti-Doping Unit for advice.

### **Major Modification concerning Tramadol for 2024**

It should be noted that the narcotic Tramadol will be prohibited in competition, effective 1 January 2024.

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Data gathered through WADA's Monitoring Program have indicated significant use of Tramadol in sports, and research studies funded by WADA, have confirmed the potential for Tramadol to enhance sports performance. This is in addition to the risks to player's health due to risks of physical dependence, opiate addiction and overdoses.

### Therapeutic Use Exemptions (TUEs)

Players who are participating in any UEFA competition or in senior international (national A team) friendly matches at confederation level and need to use a prohibited substance or prohibited method for therapeutic reasons must request prior authorisation from UEFA by submitting an application through UEFA's digital [TUE application form](#). The TUE form can also be found by simply typing **tue.uefa.com** into any search engine. Applications must be made to UEFA only and not to NADOs.

TUE applications that are sent to UEFA will be processed in accordance with WADA's [International Standard for Therapeutic Use Exemptions \(ISTUE\)](#). A complete file of medical evidence and written consent from both the player and the treating physician must be submitted with the application. Unless emergency or urgent treatment of a medical condition is necessary, (to be proven when applying for a TUE), doctors must not administer a prohibited substance or prohibited method before a TUE has been granted or recognised by UEFA.

Doctors, together with the player, shall ensure that all the requirements are met before applying to UEFA for a TUE; otherwise, applications will be sent back to the applicant for further information and the process for granting a TUE will be delayed. WADA publishes checklists on the requirements for TUE applications for many common medical conditions. These checklists can be downloaded from the [WADA website](#).

WADA has also developed a guidance document on [Glucocorticoids \(GCs\) and Therapeutic Use Exemptions \(TUEs\)](#) in order to assist team doctors in their understanding of the rules regarding injectable routes of administration of GCs which came into force in January 2022.

TUEs granted by FIFA are automatically valid for UEFA competitions. However, TUEs granted by NADOs are not valid for UEFA competitions unless they have been recognised by UEFA. In case of a NADO TUE recognition request, please email [anti-doping@uefa.ch](mailto:anti-doping@uefa.ch) with the ADAMS reference of your NADO TUE or, the name and date of birth of the player.

Players participating in youth-level international friendly matches (i.e. any national youth team up to and including Under-21) must apply to their NADO for a TUE, and not to UEFA. If the player is subsequently called up to play in an official UEFA youth competition, they must apply to UEFA for recognition before the start of the competition.

Please forward this circular, the UEFA Anti-Doping Regulations, 2021 edition, and the 2024 WADA Prohibited List immediately to the team doctors of your national teams and clubs participating in UEFA competitions, who must in turn inform their players.

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The Prohibited List, the Guide to the Prohibited List and TUEs and all other enclosed documents are also available on the dedicated anti-doping section of the UEFA website at:

<https://www.uefa.com/insideuefa/protecting-the-game/anti-doping/>

Should you have any queries or require additional information, please contact [anti-doping@uefa.ch](mailto:anti-doping@uefa.ch)

Yours faithfully,

**U E F A**



Theodore Theodoridis  
General Secretary

Enclosures

- [2021 UEFA Anti-Doping Regulations](#)
- [2024 WADA Prohibited List](#)
- [2024 WADA Summary of major modifications and explanatory notes](#)
- [Glucocorticoids and Therapeutic Use Exemptions](#)
- [UEFA Guide to the WADA Prohibited List and TUEs](#)
- [UEFA TUE application form](#)

cc (with enclosures)

- Clubs participating in UEFA competitions
- UEFA Executive Committee
- UEFA Medical Committee
- UEFA TUE Committee
- European members of the FIFA Council
- FIFA, Zurich
- European national anti-doping organisations